



INNOVATIONS IN COLLEGE COUNSELING CONFERENCE

PRESENTATION DESCRIPTIONS

Wednesday, July 18th

Ethics in Stepped Care & Clinical Management

Sherry Benton, Ph.D.

This presentation will briefly describe the history and development of Stepped-Care behavioral health models. It will provide an overview of therapeutic models and research on several levels of care in a stepped care model. It will describe legal and ethical issues in stepped care including risk management, privacy, patient response, and multicultural issues. Several examples of effective implementation of stepped care models in college and university counseling centers will be described.

Innovations in Multicultural Competencies

Enedelia Saucedo, Ph.D.

In this program we will be introducing social justice terms and reviewing current multicultural guidelines and standards of practice. Participants will be encouraged to discuss the movement towards social justice values and reflect on their personal reactions to current terminology. Further, attendees will participate in experiential exercise to help reflect on and address intersectionality, bias, and the importance of social justice.

Innovations in College Counseling Center Roundtable Lunch

Kimberly Burdine, Ph.D.

At the Round table lunch, the ICCC 2018 committee invites you to engage in more in-depth discussion around your innovations in college counseling practice. To help facilitate the discussion, Dr. Burdine will provide some questions and prompts to engage with your table. You might attempt to discuss at least one of these prompts (or choose your own) to connect with everyone at the table. Please take good advantage of your colleagues around the table. Earn 1 hr CE credit in the process!

The UT BART Model

Javier Ungo, LCSW

Over the past eight years, the Counseling and Mental Health Center at the University of Texas at Austin has implemented and developed the Brief Assessment and Referral Team (BART) model of intake/triage to address increasing demands for mental health services. The model is used to provide a front line of clinicians that serve as the first point of contact for students to interface with and receive treatment recommendations. This program will describe the model as well as the challenges and benefits of the model.

Thursday, July 19th

Innovations in Flourishing: Beyond Counselor Self-care and Resilience!

Amy Lenhart, LPC-S and Tamara Knapp-Grosz, Ph.D.

This one is all for you! Our personal happiness and resilience as Counselors matters. While the road to resilience is a highly personal journey, Positive Psychology and recent research in neuroscience provides us with numerous pathways to not only buffer the everyday stressors we experience as counselors but to increase our well-being and overall happiness. Join Amy Lenhardt, LPC.S and Tamara Knapp-Grosz, Ph.D., both Past Presidents of the American College Counseling Association for an interactive session that will focus on practical strategies and exercises to flourish both personally and professionally.

Animal Assisted Therapy

Pamela Flint, Ph.D and Cynthia K. Chandler, Ed.D, LPC-S, LMFT-S

The use of animals to augment therapy has been increasingly popular over the past decade. Dogs have been the most common animal utilized in this type of therapy. Diverse populations including the elderly, veterans, and college students benefit from AAT. These benefits include both physical and psychological components. This program illustrates the benefits as well as the challenges of AAT in the college counseling center and other university settings. The use of animals to augment therapy has been increasingly popular over the past decade. Dogs have been the most common animal utilized in this type of therapy. Diverse populations including the elderly, veterans, and college students benefit from AAT. These benefits include both physical and psychological components. This program illustrates the benefits as well as the challenges of AAT in the college counseling center.

Innovations in College Counseling Interventions

CTS Staff